Champaign County Health Care Consumers has compiled this list of resources that can help you find affordable options for mental health services. If you have any questions about the options listed below, please feel free to contact CCHCC’s Consumer Health Hotline at (217) 352-6533.

If you are going through a crisis and feel like you need immediate help call Rosecrance’s 24-hour Crisis Line at (217) 359-4141.

### General Mental and Behavioral Services

#### Rosecrance
- **Phone:** (217) 373-2430
- **Address:** 801 N. Walnut St., Champaign, IL 61820
- **Office Hours:** Monday - Thursday 8 am - 5 pm; and Friday 8 am - 4 pm

Rosecrance provides a range of prevention, intervention, and mental health treatment services for individuals and families. Counseling, psychiatric therapy, case management, residential services, and some other services are provided. A Psychiatric Care Program is available for patients who were in the criminal justice system within the past six months. You can call to schedule an appointment or walk-in on Tuesday, Wednesday, and Thursday from 8 am-3:30 pm to start the intake process. Mental health assessments are scheduled on a first come, first served basis, so arrive at 8 am to try to complete an assessment on the same day.

#### Cognition Works, Inc.
- **Phone:** (217) 239-0142
- **Address:** 507 W. Springfield Ave, Urbana, IL 61801
- **Office Hours:** Monday - Thursday 9 am - 5 pm

Cognition Works is a community-based organization that provides counseling. Their services primarily focus on helping individuals with all levels of troubling emotions as well as disruptive, risky, or ineffective behavior. Cognition Works will see people on an appointment basis only.

#### Crosspoint Human Services
- **Phone:** (217) 442-3200
- **Address:** 210 Avenue C, Danville, IL 61832
- **Office Hours:** Monday 8:30 am - 8 pm; and Tuesday - Friday 8:30 am - 5 pm

Crosspoint’s mental/behavioral health services include: case coordination, crisis intervention, counseling, therapy, psychotropic medication/prescription administration, among many others. You can call to schedule an appointment or walk in to have an assessment at any time.

#### Frances Nelson Community Health Center
- **Phone:** (217) 356-1558
- **Address:** 819 Bloomington Road, Champaign, IL 61820
- **Office Hours:** Monday - Thursday 7:30 am - 7:30 pm; Friday 7:30 am - 5 pm; and Saturday 7:30 am - 12 pm

Frances Nelson Mental Health Center provides counseling services (individual therapy). The psychiatrist at Frances Nelson is not currently accepting any new patients. You must call to schedule an appointment with a counselor. It is required provide proof of insurance and proof of income on the day of your first appointment if you are a new Frances Nelson patient. Medicaid is accepted and individuals without insurance can receive sliding scale services.
The Pavilion
Phone: (217) 373-1700
Address: 809 West Church Street, Champaign, IL 61820
Office Hours: 24 hours a day; 7 days a week
The Pavilion is a for-profit mental health provider that offers screening and assessment services for free. You can either call to schedule an appointment or walk-in at any time. However, all psychological and psychiatric care is provided with a fee. Medicaid is accepted for individuals under 21 years of age.

Campion Barrow & Associates
Phone: (217) 356-9922
Address: 2110 Clearlake Blvd., # 202, Champaign, IL 61822
Office Hours: Monday - Friday: 8 am - 5 pm
The first visit at Campion Barrow and Associates must be paid in full ($250 or $210 depending on the type of mental health professional you see), however, other financing can be done on an individual basis. They only see people who have an appointment and the wait time to get a first appointment is 1 to 2 weeks.

Center for Youth and Family Solutions
Phone: (217) 352-5179
Address: 1315A Curt Drive, Champaign, IL 61821
Office Hours: Monday - Friday: 9 am - 5 pm
Counseling is available to all individuals, couples, and families. No one is denied needed services based on their inability to pay. Waiting list for new clients is about 4 months long.

Champaign County Christian Health Center
Phone: (217) 402-5683
Address: In the Community Resource Center at Presence at 1400 W. Park St., Ste. C160, Urbana, IL 61801
Christian Health Center provides psychological and psychiatric services to patient. A patient must indicate the need for primary care first. Then, the patient can be referred internally to a psychiatrist. The mental health services provided at the Christian Health Center are ideal for low-risk patients. Mental Health Services are offered every second Monday of each month.

Family Services
Phone: (217) 352-0099
Address: 405 South State Street, Champaign, IL 61820
Office Hours: Monday - Friday: 8:30 am - 5 pm
Therapist assists with individual, couples, and family counseling. Most health insurance plans are accepted. Clients are seen by appointment only. The Family Services also offers mental health services for seniors. For more information about senior’s services call (217) 352-5100.

Treatment for addiction/substance Abuse

The Prairie Center
Phone: (217) 328-4500
Address: 718 Killarney, Urbana, IL 61801
The Prairie Center provides in-patient (adults only) and out-patient (adults and adolescents) substance abuse treatment services. The center also provides the Bureau of Prisons Program, with intensive case management services to assist in the inmates’ transition back into the community (for more information call Charles Lyons at 217-356-7576). The Prairie Center is the local provider to the Drug Court programs of Champaign County and Vermillion County.